

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Alberta

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 71.40	\$ 92.40	\$122.30	\$160.30
45 to 54	\$ 82.60	\$107.50	\$137.60	\$187.00
55 to 59	\$ 92.10	\$114.40	\$146.70	\$201.10
60 to 64	\$ 97.00	\$123.00	\$151.70	\$208.00
65 to 69	\$ 79.40	\$ 96.60	\$117.50	\$168.70
70 to 79	\$ 86.30	\$107.30	\$126.90	\$174.00
80 to 89	\$ 94.90	\$142.20	\$161.00	\$219.00
90+	\$122.30	\$191.50	\$202.40	\$258.70
<b>Couple (per person)</b>				
18 to 44	\$ 64.10	\$ 85.10	\$114.80	\$152.10
45 to 54	\$ 75.20	\$100.00	\$130.20	\$179.00
55 to 59	\$ 84.60	\$107.00	\$139.00	\$193.10
60 to 64	\$ 89.60	\$115.70	\$144.00	\$200.20
65 to 69	\$ 72.30	\$ 89.90	\$110.90	\$161.30
70 to 79	\$ 78.90	\$101.10	\$120.70	\$166.80
80 to 89	\$ 87.70	\$134.60	\$153.80	\$211.50
90+	\$115.20	\$184.00	\$195.20	\$250.80
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 22.60	\$ 29.00	\$ 59.40	\$ 90.60
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 20.70	\$ 26.00	\$ 53.40	\$ 81.30

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of British Columbia

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 72.70	\$ 96.40	\$125.20	\$161.20
45 to 54	\$ 84.00	\$111.50	\$140.00	\$186.20
55 to 59	\$ 93.30	\$117.50	\$148.50	\$199.30
60 to 64	\$ 98.60	\$127.40	\$155.20	\$208.00
65 to 69	\$ 77.00	\$101.40	\$122.50	\$162.10
70 to 79	\$ 87.00	\$121.10	\$140.70	\$182.20
80 to 89	\$101.80	\$161.90	\$179.50	\$233.90
90+	\$140.40	\$226.70	\$236.90	\$292.10
<b>Couple (per person)</b>				
18 to 44	\$ 65.70	\$ 88.90	\$117.80	\$152.80
45 to 54	\$ 76.70	\$103.70	\$132.30	\$178.40
55 to 59	\$ 85.90	\$110.20	\$141.20	\$191.40
60 to 64	\$ 91.20	\$120.00	\$147.60	\$199.90
65 to 69	\$ 69.80	\$ 94.20	\$115.40	\$155.20
70 to 79	\$ 80.00	\$114.10	\$134.10	\$175.00
80 to 89	\$ 94.80	\$154.50	\$172.20	\$226.60
90+	\$132.90	\$219.20	\$229.60	\$284.20
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 21.60	\$ 28.20	\$ 57.30	\$ 85.20
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 19.60	\$ 25.40	\$ 51.50	\$ 76.80

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Manitoba

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 71.40	\$ 94.10	\$121.70	\$157.40
45 to 54	\$ 82.10	\$110.70	\$138.60	\$185.60
55 to 59	\$ 91.50	\$117.40	\$147.50	\$199.00
60 to 64	\$ 96.20	\$126.60	\$153.80	\$207.10
65 to 69	\$ 95.00	\$128.40	\$150.20	\$201.70
70 to 79	\$105.30	\$149.60	\$170.60	\$225.40
80 to 89	\$119.90	\$183.70	\$202.00	\$269.50
90+	\$154.00	\$245.00	\$255.90	\$328.30
<b>Couple (per person)</b>				
18 to 44	\$ 64.10	\$ 86.70	\$114.30	\$149.00
45 to 54	\$ 74.80	\$102.90	\$130.90	\$177.50
55 to 59	\$ 83.80	\$109.30	\$139.80	\$190.80
60 to 64	\$ 88.90	\$118.90	\$146.20	\$199.10
65 to 69	\$ 87.70	\$121.00	\$142.80	\$194.30
70 to 79	\$ 98.00	\$142.20	\$163.40	\$217.80
80 to 89	\$112.60	\$176.40	\$194.60	\$261.70
90+	\$146.70	\$237.70	\$248.50	\$320.30
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 21.80	\$ 28.20	\$ 56.50	\$ 84.50
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 19.70	\$ 25.30	\$ 50.60	\$ 76.00

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of New Brunswick

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 78.20	\$104.00	\$133.30	\$173.20
45 to 54	\$ 91.10	\$123.70	\$153.80	\$205.00
55 to 59	\$101.00	\$130.60	\$163.10	\$218.90
60 to 64	\$107.10	\$142.10	\$170.70	\$229.10
65 to 69	\$106.90	\$144.70	\$168.00	\$224.40
70 to 79	\$118.60	\$168.70	\$191.00	\$250.90
80 to 89	\$134.00	\$205.60	\$224.60	\$298.20
90+	\$182.00	\$286.90	\$298.00	\$379.00
<b>Couple (per person)</b>				
18 to 44	\$ 71.20	\$ 96.80	\$126.00	\$164.60
45 to 54	\$ 83.70	\$116.00	\$146.00	\$196.60
55 to 59	\$ 93.30	\$123.00	\$155.20	\$210.80
60 to 64	\$ 99.70	\$134.10	\$163.10	\$221.00
65 to 69	\$ 99.60	\$137.40	\$160.80	\$216.60
70 to 79	\$111.30	\$161.30	\$183.60	\$243.30
80 to 89	\$127.00	\$198.40	\$217.70	\$290.30
90+	\$174.60	\$279.40	\$291.10	\$371.20
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 24.30	\$ 31.20	\$ 61.10	\$ 91.60
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 21.80	\$ 28.20	\$ 55.10	\$ 82.60

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe™ Health

## Monthly Premiums for Residents of Newfoundland and Labrador

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 73.00	\$ 97.20	\$125.90	\$162.10
45 to 54	\$ 84.90	\$115.10	\$144.70	\$191.60
55 to 59	\$ 94.10	\$121.20	\$152.80	\$204.90
60 to 64	\$ 99.20	\$131.00	\$159.50	\$213.40
65 to 69	\$ 97.70	\$132.30	\$155.20	\$206.70
70 to 79	\$109.00	\$154.80	\$177.30	\$231.80
80 to 89	\$124.80	\$191.30	\$210.40	\$277.70
90+	\$168.60	\$266.30	\$278.60	\$351.00
<b>Couple (per person)</b>				
18 to 44	\$ 66.00	\$ 89.80	\$118.50	\$153.70
45 to 54	\$ 77.40	\$107.20	\$136.90	\$183.70
55 to 59	\$ 86.40	\$113.60	\$145.50	\$196.50
60 to 64	\$ 91.70	\$123.50	\$151.90	\$205.40
65 to 69	\$ 90.50	\$124.80	\$147.90	\$199.10
70 to 79	\$101.80	\$147.50	\$169.90	\$224.10
80 to 89	\$117.50	\$183.70	\$203.20	\$269.80
90+	\$161.30	\$258.90	\$270.90	\$343.10
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 21.60	\$ 28.30	\$ 57.20	\$ 85.70
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 19.60	\$ 25.40	\$ 51.40	\$ 77.00

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe™ Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Nova Scotia

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 75.60	\$100.60	\$127.90	\$164.90
45 to 54	\$ 87.60	\$118.80	\$146.90	\$194.90
55 to 59	\$ 97.20	\$125.50	\$155.40	\$208.20
60 to 64	\$102.90	\$136.50	\$163.10	\$217.60
65 to 69	\$ 77.80	\$108.00	\$129.20	\$170.40
70 to 79	\$ 88.00	\$129.00	\$149.10	\$191.70
80 to 89	\$102.20	\$162.50	\$179.20	\$233.10
90+	\$145.90	\$234.60	\$244.30	\$299.60
<b>Couple (per person)</b>				
18 to 44	\$ 68.30	\$ 93.00	\$120.30	\$156.60
45 to 54	\$ 80.40	\$111.10	\$138.80	\$186.70
55 to 59	\$ 89.60	\$117.90	\$147.90	\$200.00
60 to 64	\$ 95.50	\$128.70	\$155.20	\$209.50
65 to 69	\$ 70.50	\$100.80	\$121.90	\$163.10
70 to 79	\$ 81.00	\$121.80	\$141.60	\$184.20
80 to 89	\$ 95.20	\$155.20	\$172.20	\$225.20
90+	\$138.40	\$227.30	\$236.90	\$291.80
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 23.20	\$ 30.00	\$ 58.00	\$ 86.10
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 20.80	\$ 26.90	\$ 52.40	\$ 77.40

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Nunavut, Yukon and the Northwest Territories

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 91.20	\$125.10	\$165.50	\$216.60
45 to 54	\$105.60	\$146.90	\$188.90	\$256.00
55 to 59	\$117.50	\$154.80	\$199.90	\$273.60
60 to 64	\$126.10	\$171.20	\$211.70	\$288.60
65 to 69	\$126.80	\$176.40	\$209.80	\$284.20
70 to 79	\$147.00	\$216.90	\$249.10	\$329.40
80 to 89	\$177.80	\$285.70	\$313.80	\$414.50
90+	\$231.10	\$379.80	\$397.70	\$505.20
<b>Couple (per person)</b>				
18 to 44	\$ 84.00	\$117.50	\$158.20	\$208.60
45 to 54	\$ 98.50	\$139.00	\$181.20	\$248.00
55 to 59	\$109.90	\$147.20	\$192.40	\$265.70
60 to 64	\$118.70	\$163.50	\$204.00	\$280.70
65 to 69	\$119.70	\$168.90	\$202.40	\$276.90
70 to 79	\$139.80	\$209.70	\$241.60	\$321.70
80 to 89	\$170.60	\$278.80	\$306.20	\$406.80
90+	\$224.00	\$372.60	\$390.20	\$497.30
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 29.10	\$ 37.20	\$ 78.10	\$119.30
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 26.10	\$ 33.50	\$ 70.20	\$ 107.20

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Ontario

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 73.20	\$100.70	\$132.40	\$170.10
45 to 54	\$ 87.80	\$120.10	\$152.00	\$205.80
55 to 59	\$ 97.40	\$122.80	\$156.10	\$213.40
60 to 64	\$104.70	\$135.50	\$165.20	\$225.20
65 to 69	\$ 86.80	\$113.60	\$137.40	\$185.20
70 to 79	\$104.10	\$140.60	\$162.00	\$211.30
80 to 89	\$134.30	\$226.30	\$246.90	\$320.20
90+	\$168.20	\$289.30	\$301.80	\$375.30
<b>Couple (per person)</b>				
18 to 44	\$ 66.30	\$ 93.60	\$125.10	\$162.20
45 to 54	\$ 80.60	\$112.50	\$144.20	\$198.10
55 to 59	\$ 90.10	\$115.50	\$148.60	\$205.60
60 to 64	\$ 97.10	\$128.00	\$157.90	\$217.60
65 to 69	\$ 79.40	\$106.80	\$130.40	\$178.10
70 to 79	\$ 97.10	\$134.10	\$155.60	\$204.50
80 to 89	\$127.40	\$218.80	\$239.40	\$312.50
90+	\$160.90	\$282.00	\$294.30	\$367.40
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 15.50	\$ 20.10	\$ 51.70	\$ 77.70
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 14.00	\$ 18.10	\$ 46.60	\$ 69.80

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.



# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Prince Edward Island

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 76.40	\$101.60	\$131.20	\$169.80
45 to 54	\$ 88.70	\$120.60	\$151.00	\$201.20
55 to 59	\$ 98.50	\$127.00	\$159.80	\$214.80
60 to 64	\$104.00	\$137.80	\$167.30	\$224.20
65 to 69	\$ 91.80	\$126.10	\$149.40	\$198.40
70 to 79	\$103.10	\$148.90	\$170.50	\$222.20
80 to 89	\$118.10	\$184.00	\$202.60	\$266.00
90+	\$163.80	\$260.60	\$271.60	\$339.10
<b>Couple (per person)</b>				
18 to 44	\$ 69.40	\$ 94.20	\$123.80	\$161.30
45 to 54	\$ 81.30	\$112.70	\$143.00	\$192.90
55 to 59	\$ 90.70	\$119.30	\$152.10	\$206.80
60 to 64	\$ 96.70	\$130.20	\$159.50	\$216.20
65 to 69	\$ 84.90	\$118.70	\$141.90	\$191.20
70 to 79	\$ 95.90	\$141.40	\$163.30	\$214.40
80 to 89	\$111.00	\$176.70	\$195.30	\$258.30
90+	\$156.50	\$253.20	\$264.20	\$331.20
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 23.40	\$ 30.20	\$ 60.40	\$ 90.60
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 21.20	\$ 27.30	\$ 54.60	\$ 81.30

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.

# FollowMe<sup>™</sup> Health

## Monthly Premiums for Residents of Saskatchewan

Age Group	Basic Plan	Enhanced Plan (Without Dental)	Enhanced Plan (With Dental)	Premiere Plan
<b>Individual</b>				
18 to 44	\$ 69.80	\$ 92.30	\$116.80	\$151.50
45 to 54	\$ 80.30	\$108.00	\$133.00	\$177.50
55 to 59	\$ 89.40	\$114.50	\$141.40	\$190.00
60 to 64	\$ 94.10	\$123.70	\$147.30	\$198.40
65 to 69	\$ 79.80	\$101.30	\$127.50	\$156.10
70 to 79	\$ 89.00	\$119.30	\$146.60	\$176.60
80 to 89	\$109.10	\$159.10	\$177.50	\$215.10
90+	\$135.60	\$230.30	\$238.80	\$242.20
<b>Couple (per person)</b>				
18 to 44	\$ 62.70	\$ 85.00	\$109.20	\$143.20
45 to 54	\$ 72.70	\$100.40	\$125.30	\$169.30
55 to 59	\$ 81.70	\$106.90	\$133.50	\$182.20
60 to 64	\$ 86.70	\$116.30	\$140.50	\$190.60
65 to 69	\$ 73.60	\$ 95.50	\$121.50	\$150.30
70 to 79	\$ 82.90	\$113.60	\$140.50	\$170.60
80 to 89	\$102.80	\$153.10	\$171.10	\$208.90
90+	\$129.30	\$223.30	\$231.70	\$236.20
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 20	\$ 21.30	\$ 27.40	\$ 52.80	\$ 79.00
<b>Child (per child, for families with 3 or more children)</b>				
0 to 20	\$ 19.10	\$ 24.60	\$ 47.40	\$ 71.10

Premiums for couples and children are per each individual. Premiums are based on an individual's age at the time of application. Premiums will change as an individual's age increases in accordance with published age groups. Premiums are effective January 1, 2018, and subject to change without notice.



FollowMe<sup>™</sup> Health is underwritten by  
**The Manufacturers Life Insurance Company.**

Manulife, the Block Design and FollowMe are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under licence.

© 2017 The Manufacturers Life Insurance Company. All rights reserved.