

For more information,



The Association Health and Dental Plan

Monthly Premiums
for Residents of Quebec

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STRONG. RELIABLE. TRUSTWORTHY. FORWARD-THINKING.

Strong. Reliable. Trustworthy. Forward-thinking.

The Association Health and Dental Plan

Premiums for Quebec Residents

Cost per Month per Person

Health and Dental Plans

Age Group	Base Plan	Bronze Plan	Silver Plan	Gold Plan
Single Adults				
21-44	\$56.70	\$69.80	\$86.30	\$130.50
45-54	\$67.70	\$82.90	\$98.40	\$162.00
55-59	\$69.10	\$85.50	\$106.50	\$166.90
60-64	\$72.40	\$89.00	\$114.60	\$179.80
65-69	\$78.40	\$91.20	\$117.70	\$182.20
70-79	\$84.50	\$96.30	\$128.00	\$194.70
80-89	\$90.00	\$102.10	\$137.30	\$217.10
90+	\$129.70	\$129.60	\$186.10	\$277.00
Couples (per adult)				
21-44	\$47.50	\$60.30	\$77.10	\$119.20
45-54	\$57.50	\$72.00	\$88.30	\$149.50
55-59	\$58.60	\$74.60	\$95.60	\$154.20
60-64	\$61.80	\$77.90	\$103.80	\$166.60
65-69	\$67.00	\$79.70	\$106.50	\$168.70
70-79	\$73.00	\$84.30	\$116.50	\$180.50
80-89	\$78.30	\$90.30	\$125.50	\$201.90
90+	\$115.80	\$116.30	\$172.80	\$259.60
Child (per child, for families with 1 or 2 children)				
0-4	\$14.10	\$14.30	\$18.00	\$25.20
5-20	\$27.80	\$35.00	\$44.00	\$76.60
Child (per child, for families with 3 or more children)				
0-4	\$12.50	\$13.00	\$16.40	\$22.80
5-20	\$25.00	\$31.50	\$39.80	\$68.70
Dental Plans				
Single	\$56.40	\$69.10	\$74.90	\$111.70
Couple	\$46.90	\$59.10	\$65.70	\$101.20
Child (per child, for families with 1 or 2 children)				
0-4	\$7.00	\$7.10	\$7.10	\$7.10
5-20	\$24.20	\$28.70	\$33.40	\$59.40
Child (per child, for families with 3 or more children)				
0-4	\$6.50	\$6.50	\$6.50	\$6.50
5-20	\$21.70	\$25.80	\$30.20	\$53.50

Premiums for Couples and Children are per each individual. Premiums are based on an individual's age at time of application. Premiums will change as an individual's age increases in accordance with published age groups.

Premiums are effective May 1, 2011 and subject to change without notice.

Payment Options

Initial Payment Two (2) months' premium using:

Option #1 Pre-Authorized Debit (PAD)

Option #2 Credit Card Account:
 Visa, MasterCard or American Express

Subsequent Payments

Option #1 Pre-Authorized Debit (PAD)

- Monthly
- Semi-Annually: 2% discount
- Annually: 4% discount

Important: for verification purposes, we require a sample cheque marked 'VOID'.

Option #2 Credit Card Account
 Visa, MasterCard or American Express

- Monthly
- Semi-Annually
- Annually

Please note: billing frequency discounts are not available for credit card payment options.

Option #3 Direct Billing

- Semi-Annually: 2% discount
- Annually: 4% discount